



## Leader Guide

The goal of spiritual mentoring is to equip your mentee to be able to mentor someone else. You will meet with your mentee for 20 weeks. You will lead them through the 16 sessions, and then they will lead you through any 4 of the 16 sessions so that they can practice leading in a safe environment. The sessions should be under an hour. I recommend not scheduling out all 20 sessions at once but scheduling them from week to week. This leaves you both with some flexibility. Here's what a basic mentoring session will look like.

### Connect

Personal connection is the most important part of spiritual mentoring. Take some time to find out what has gone on in their life this past week. You should always deal with what is going on in their life currently before moving on to the lesson for this week. The lesson can wait until next week if it must. Spiritual mentoring is about helping them live for Jesus every single day, not just getting through a curriculum. Get to know who they are as a person.

### Prayer

Review the prayer requests from last week. Ask them if they have any other prayer requests for this week. Share your prayer requests with them. Praise God for answered prayers and pray for the requests for this week.

### Bible Reading

Ask your mentee how their Bible reading went this past week. What spoke to them the most this week out of the chapters covered? What can they work on applying to their life? Share your answers after they share theirs. Ask them if they have any thoughts or questions about the chapters that they read this week.

### Lesson Review

Take some time to review the information in this week's lesson. The lesson is to be a guide in your discussion and not to be read back word for word. Feel free to share your own thoughts and give your own examples on the content. Do make sure to cover all the answers for the blanks that they are to fill in. After you have completely reviewed the lesson, ask them if they have any thoughts or questions about the topic that you covered that day.

### Dismiss

Ask them what they have going on this coming week, and then make plans for your next mentoring session.